

## Introduction to Wellspring

Founded in 2003, Wellspring is a counselling and training centre seeking to restore hope, develop resilience and facilitate positive change in the lives of children and adults suffering from emotional distress.

Our objectives are to:

- Provide affordable, professional, psychological support to adults and young people in emotional distress
- Promote good mental health through education and training
- Be recognised as a centre of excellence within our field



We do this through:

- providing one-to-one counselling for children (4-18 years) and adults from our centre,
- providing counselling to young people in local high schools,
- facilitating supervision for clinical and pastoral professionals,
- coordinating support groups and education on several topics within mental health,
- providing affordable training to individuals, businesses, churches and schools on how to prevent poor mental health.

Our heart is to see an end to darkness and distress in people's lives. Our Christian Faith motivates us in the belief that all can experience freedom and hope from their experiences. Whilst we are a Christian organisation our services are open to all. We welcome volunteers and staff from a variety of backgrounds who are sympathetic to our Christian values. Please see our Belonging and Believing document for a more in-depth explanation of how our faith informs our work.



In 2018, the charity moved into its current premises, which is enabling it to steadily grow. These premises provide 9 counselling rooms (two designed for play therapy), a training room and comfortable space for staff and volunteers. In 2021, we supported over 700 individuals. We are currently offering approx. 140 counselling sessions per week from our centre, both online and face to face.

We are passionate about removing all barriers to individuals accessing support, which is why we are an affordable service. This means we ask clients to contribute to their sessions an amount they feel able to, from as little as £5 per session. Therefore, some of our income is sustainable coming from client fees, training events and contracts. We then generate the rest of our funding through community fundraising, campaigns, events, churches, group and individual donations, corporate sponsorship, applications to grants and foundations and renting out rooms in our building.

## Our Team

The current staff team is made up of 17 part-time members (Executive Director, Therapeutic Lead, Operations Manager, Finance Officer, HR Officer, Training & Education Coordinator, Counselling Coordinator, Administrator, Receptionist, Communications Officer, 3 Schools Counsellors, 2 Young People's Counsellors and 2 Young People's Group Workers). All staff work between 6-28 hours per week. Our volunteer team is made up of over 50 volunteers working in a variety of roles including counsellors, welcomers, gardeners, trustees, fundraisers, event support...



As the demand for mental health services continues to rapidly increase, Wellspring continues to grow in response. Growing from a small to medium sized charity we know it is important to strengthen our core team to support the vital work we do. We therefore believe it is essential that we recruit a Head of Fundraising to ensure the longevity of our work through the raising of funds. You will be joining the charity at a time where it plans to grow again, in response to the demands. We are planning new projects to increase mental health support in our community. This means we will need significantly more funding through new partnerships and ventures. If this excites you, then we welcome you to apply! We are looking for a hard-working, driven team player who is passionate about promoting our cause with the aim of generating increased financial and relational support for the organisation.

You will lead in maintaining and developing the organisation's external relationships with stakeholders, donors and other external bodies leading to the promotion and increased financial support of the charity. And be responsible for all areas of fundraising to ensure the charity's longevity and sustainability.

You will need to be self-motivated, able to take the initiative, and work reflectively within a team. You will be an excellent verbal and written communicator, confident in promoting Wellspring's cause to a diverse audience of supporters. You will be responsible for generating a substantial amount of income, with support from others to ensure the financial stability of the organisation.

It is a genuine occupational requirement for this post holder to be a practising Christian, able to uphold and implement Wellspring's Christian ethos, vision and values.

For more information about Wellspring please see our website: [www.wellspringtherapy.co.uk](http://www.wellspringtherapy.co.uk) and latest annual report.

